

WINTER TIMETABLE from 1st September 2025

TUESDAY	THURSDAY
Juniors Sprints 5.30pm - 6.30pm - Tuesdays	Seniors 5.30pm - 7pm
Endurance (All junior members) 5.30pm - 7pm	Endurance (Only competing Cross Country entrants) 5.30pm - 7pm
Squad 5.30pm - 7pm Tuesday & Thursday	